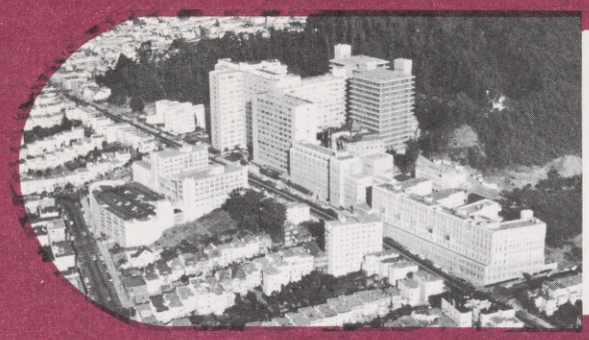


The Campus Bulletin

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO FEBRUARY, 1972 Volume 5, No. 1

INNER SUNSET BEAUTIFICATION DRIVE

UCSF GIVES TREES TO ITS NEIGHBORS

Recently, ISAC (Inner Sunset Action Committee), local residents, medical center staff, and City officials joined together in planting trees on Irving Street from Arguello to Sixth Avenue.

Doug Weddell, ISAC Chairman, John Flink, ISAC, Piero Patri of Whisler/Patri Associates, Robert LaPointe, UCSF Campus Planner, Roger Hurlbert, San Francisco Planning and Urban Renewal Association Advisor, Brian Fewer, head of the City's tree planting department, and other officials planned the beautification event.

One hundred trees were donated by UCSF, soil and tools by the City, and concrete squares were cut and lifted by the Department of Public Works.

On planting day, more than fifty inner-Sunset residents, UCSF and City employees, as well as children and dogs came out to dig and plant.

Sandwiches, cokes and beer were provided by neighborhood residents and wheeled around by volunteers to the workers in a borrowed Park & Shop grocery cart.

The tree planting program is only part of a larger beautification plan being put into effect by the Coalition for Responsible Inner Sunset Planning, of which ISAC is a member. The Coalition, known as CRISP, has held a public review of plans to beautify the entire residential area around Hugo Street and the Inner Sunset commercial district.

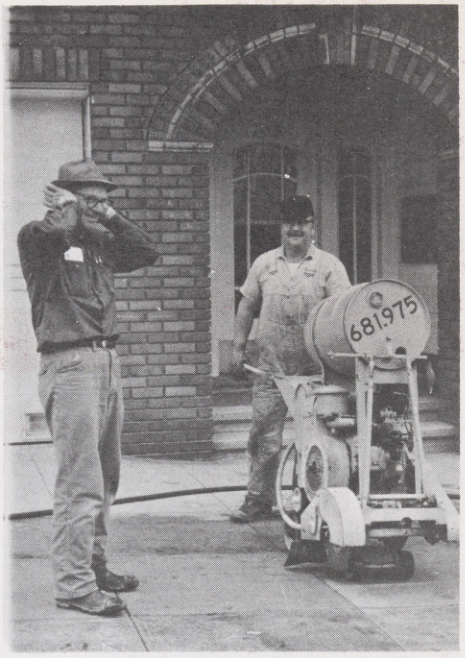
Members of our University staff and/or residents of the Inner Sunset wishing to volunteer for future beautification projects, or having ideas for projects, are urged to call Mr. Doug Weddell at 564-6046, or write to CRISP (or ISAC) at 1329 Seventh Avenue, San Francisco 94122.

From Pacific Nursery in Colma . . . (l-r: D. Weddell, B. LaPointe, W. Suser, J. Hirschman, B. Fewer

. . . to Fourth and Irving Street, San Francisco, headquarters of the tree-planting center.

A TREE GROWS IN THE SUNSET . . .

1. First, the ground was cut with a special concrete cutter . . .



2. . . . and, oh, what a sound it made!

3. . . . then the cut squares were broken up by jackhammer

4. so that hard workers like UCSF's Campus Planner, Bob La Pointe, could plant the first New Zealand evergreens.

SUNBURNED? THE CAUSE MAY BE IN YOUR MEDICINE CHEST

By Jim Crawford

Deodorant soaps and after-shave lotions containing antibacterial agents, as well as many widely prescribed drugs, are causing a growing number of people to become unduly sensitive to sunlight.

The result, according to Dr. John H. Epstein, Associate Clinical Professor of Dermatology at the University of California, San Francisco, is an abnormal reaction which may present a "severe case of sunburn" or a poison oak-like reaction.

"Aggravating the problem is the obsession that many people have for developing a deep suntan. For the photosensitized individual, this can be disastrous," Dr. Epstein said in a talk to a meeting of the American Academy of Dermatology in Chicago.

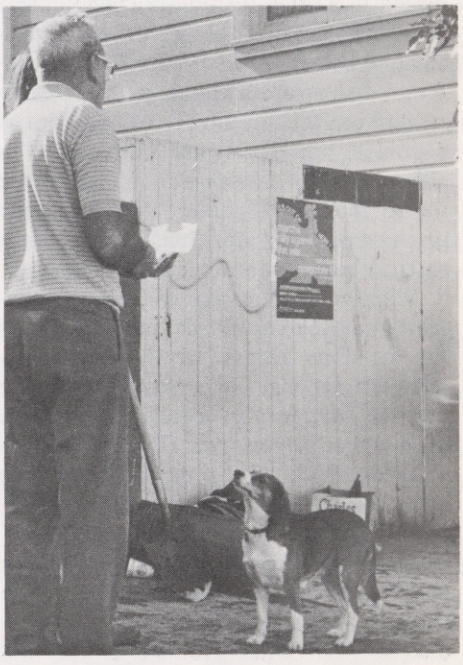
Dr. Epstein said there are many drugs and chemicals that will photosensitize an individual, causing the skin to react abnormally to sunlight. Some, like those in

. . . AS TOWN AND GOWN WORK TOGETHER

5. Neighborhood youngsters helped, too.

7. Brian Fewer chose a tuna on wheat . . .

6. These ladies brought food and hot coffee—under the watchful eye of a friend (far right).



8. . . . also under the watchful eye of a friend.

deodorant soaps and after-shave lotions, are applied locally to the skin. Others, like those in prescribed medications, are taken internally.

"Ironically," Dr. Epstein said, "most of the photosensitizers are used because of their desirability, as in the case of deodorant soaps, or because of their therapeutic value, as in the case of antibacterial sulfonamides, antibiotics, phenothiazines, and anti - diabetic drugs."

Persons taking drugs containing potent photosensitizers should be cautioned to avoid excessive exposure to the sun while they are on medication. This will prevent a significant number of phototoxic reactions.

"In the case of deodorant soaps and after-shave lotions, the reaction of the skin, instead of being phototoxic, is photoallergic. The latter may cause the skin to become permanently allergic to the sun, without the presence of the antibacterial agent that had triggered the sensitivity mechanism in the first place."

Dr. Epstein added that the challenge facing research scientists in this aspect of dermatology is three-fold: the development of a test to recognize the photosensitizing potential of a chemical, the reduction of the ill effects of the agent once the reaction of the skin occurs, and the development of methods of protecting the individual when the use of photosensitizers is necessary.

TRANSATLANTIC 'GIFT OF LIFE' FROM UCSF TO THE NETHERLANDS

By Barbara Evans

The first transatlantic kidney transplant was completed on Christmas Day, 1971, by Dr. Folkert O. Belzer, Associate Professor of Surgery and co-director of the kidney transplant service at UCSF. Using a portable transport container which he devised, Dr. Belzer was able to take the kidney of a San Francisco automobile accident victim to a waiting patient in Leyden, Holland, 6,000 miles away. For the 41-year-old Dutchman who received the kidney, just 37 hours after its donor died, there could be no finer Christmas gift.

This was the first extended use of Dr. Belzer's small, self-contained unit for transporting kidneys. The machine weighs only 26.4 pounds and, in its vinyl cover, looks like a piece of luggage. Dr. Belzer placed it under his airplane seat during the trip.

The small unit operates on the same principle as the larger mobile unit, developed by Dr. Belzer in 1968, that can be used for kidney storage at UCSF or placed in a truck for transporting kidneys short distances. Although the small machine is battery-powered, both units continuously perfuse a kidney with specially-treated oxygenated blood plasma, kept at a cool 6 to 10 degrees Centigrade. In either unit, a kidney can be preserved for as long as 72 hours, but the larger machine provides more built-in safeguards and can be left unattended.

With the development of the small container, and the knowledge that transplants can be done successfully between non-related individuals, it is now theoretically possible to transport a kidney anywhere in the world. However, Dr. Belzer emphasizes that such long trips will be rare.

"We try to give priority to those patients awaiting transplants in Northern California, or at least in this part of the country. But in the case of the donor who died on Christmas eve, we could find only one recipient in this area whose blood and tissue types matched adequately, so the second kidney went to the patient in Holland."

With its advanced techniques and impressive number of patients, the UCSF kidney transplant center is now one of the largest in the world. Dr. Belzer and co-director Dr. Samuel L. Kountz have performed over 400 transplants since 1964 (with 80% success), 106 of which were done in 1971. The kidney transplant center has just received a grant of $850,000 from the National Institutes of Health to further its life-giving work.

Dr. Folkert O. Belzer

Dr. Belzer stresses that more transplants could be done if more kidneys were available. "I have to admit that there was an additional reason for my trip to Holland," he says. "Beyond accompanying the container on its first long trip, I wanted to draw attention to the importance of donating kidneys. Medical science is now capable of successfully treating about 70% of all cases of kidney disease, but there are just not enough organs available for transplantation. However, the trend is encouraging: many individuals are now carrying donor cards; and families are voluntarily requesting that organs of accident victims be donated.

"Transplantation is currently the best treatment for those people with severe kidney disease. Although dialysis is an adequate temporary method, it is a hard thing to live with. Most patients will not really feel good until they receive a new kidney. So you see, the gift of an organ really is the gift of life."

DRS. UHLEY, KATZ ON CORONARY CARE GROUP

A nation-wide movement to improve out-of-hospital emergency care for heart attack victims was launched recently in Anaheim before physicians attending the American Heart Association annual convention there.

The focal point of the program included "early coronary care systems": sophisticated communications networks, accelerated hospital reception procedures and mobile coronary care units—vehicles which are designed to speed to persons suffering heart attacks, administer coronary therapy on the spot and enroute to a hospital, and deliver patients to the hospital's coronary care unit.

Hilliard J. Katz, M.D., Clinical Professor of Medicine and Herman N. Uhley, M.D., Professor of Medicine, are both members of the National Committee on Early Coronary Care spearheading the nation-wide move to establish such units in hundreds of cities in the United States.

Others on the committee include Chairman Mortimer L. Schwartz, M.D., Professor of Medicine, New Jersey College of Medicine; Leonard A. Cobb, M.D., Chief of Cardiology at Harborview Medical Center, Seattle; William Grace, M.D., Director of Medicine at New York City's St. Vincent's Hospital; Eugene Nagel, M.D., University of Miami School of Medicine; and James V. Warren, M.D., Chairman of the Department of Medicine, Ohio State University.

The committee is publishing printed materials to inform physicians and community leaders how to organize mobile coronary care units. A 20-minute full-color motion picture, *A Life on the Line,* will also be made available to doctors or others wishing to show it before local groups.

Locally, Monday, January 24th, the first lecture of an intensive course on coronary care began, taught by Drs. Katz and Uhley, Dr. John Hutchinson, Dr. Kent Gershengorn and Dr. Frederick Kunkel, all of UCSF.

This concentrated 40-hour, one week didactic course will train City and County paramedical personnel in handling emergency cardiac problems.

Eleven hospitals are participating: UC Hospitals, Mt. Zion, SFGH, Children's, Presbyterian Medical Center, St. Mary's, Kaiser, USPHS, VA, Franklin and St. Francis.

Participants will be trained eight hours a day for 40 hours. Sessions will be held continuously until all San Francisco paramedics are trained. This includes City Ambulance drivers and stewards and the three private ambulance companies. Each 40 hour course is followed by a 200 hour "internship" of clinical experience.

For further information on the courses, contact Dr. Katz at UCSF or Dr. Uhley at Mt. Zion Hospital.

FELLOWSHIPS AVAILABLE

MORE MINORITY MEMBERS HEADED FOR MANAGEMENT

The Consortium for Graduate Study in Management awarded 12 business administration fellowships in September to members of minority groups interested in managerial careers in public and private non-profit organizations.

The consortium is the combined effort of five universities: Indiana, Rochester, Southern California, Washington, and Wisconsin. The program will prepare students for administrative positions in hospitals; in public and private educational systems, including colleges and universities; in health care delivery agencies; and in social welfare agencies and other service organizations.

Sterling H. Schoen, Ph.D., director of the consortium, says:

"The greatest immediate and pressing need seems to be in very large northern cities. Boards of trustees (and their critics) are recognizing that hospitals need managerial capabilities that will facilitate the linkage of the hospital to its various groups including, of course, blacks in ghettos.

"The Master of Business Administration (MBA) degree offers an efficient and rapid means for the able and motivated individual to rise in the managerial ranks. These fellowships will help insure that minority students will have this opportunity."

Each applicant who qualifies for a fellowship receives free tuition, plus a stipend of $2000 for the first year and $1000 for the second year, provided he maintains adequate progress toward the MBA degree. Loans will be available to meet additional needs. Supplemental education and orientation experience is available through the program also, as required by the individual candidate.

The consortium expects to award 25 to 30 fellowships in 1972 and 40 to 50 fellowships in 1973.

Initial support of the $1.1 million fellowship program is being provided by a $500,000 grant ($100,000 per year for five years) from the Alfred P. Sloan Foundation. It is expected that the $500,000 balance will be obtained from other foundations and government agencies.

For additional information, write to Sterling H. Schoen, Ph.D., director, Consortium for Graduate Study in Management, 101 N. Skinker Blvd., Box 1132, St. Louis, Mo. 63130.

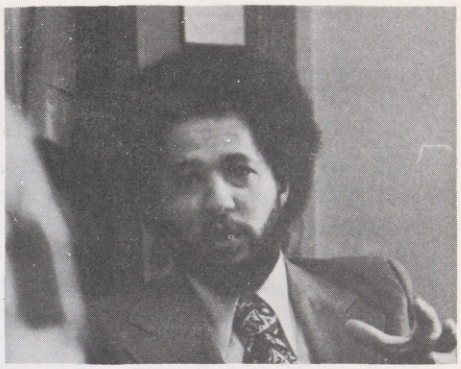
BLACK CAUCUS ELECTS

The results of the Black Caucus elections, held on December 15, are:

Chairman: Freeman Bradley, Cardiovascular Research Institute (extension 1143); Vice Chairman: Lewis Nelson, Grounds and Buildings (2021); Recording Secretary: Elba Clemente, Personnel (4592); Corresponding Secretary: Barbara Wilson, School of Pharmacy (1225); Treasurer: Claudette Pipkins, Chancellor's Office (2401).

The six members at large include: Wendell Adams, Building Services (1695); Delmar Booker, Personnel (2921); David Johnson, Personnel (2689); Notis Prentice, Hospital Administration (1401); Phoenix Sinclair, Research and Development Lab (1593); and Ann Thompson, Nursing Services (2252).

CSEA DONATION TO CAUCUS: At the December general meeting of the Black Caucus, the California State Employees Association, Chapter 50, presented the Caucus officers with a check in the amount of $50 for sickle cell anemia screening. The money was raised by CSEA members through candy and bake sales on campus. Left to right are Barbara Vranna and Kathryn Forbes, CSEA officers; Joanne Lewis, Chairman, Black Caucus; and Freeman Bradley, treasurer (and new Chairman) of the Caucus.



Robert H. Christmas

LAGEN RETIRES; ROBERT CHRISTMAS ACTING DIRECTOR

The retirement of John B. Lagen, M.D., Director of Ambulatory Care Services, was announced recently by Hospital and Clinics Director Robert Derzon. Dr. Lagen's retirement was effective Dec. 31st.

An Associate Professor of Medicine, Dr. Lagen graduated from Berkeley in 1926. With the exception of the War years, he has had continuous affiliation with the University for 45 years.

From 1950 to 1954, he was Associate Dean of the School of Medicine; from 1954 to 1956 he was Acting Dean. During the Second World War, Dr. Lagen served with the United States Army and in May of 1965, he retired from the Army Medical Corps as a Brigadier General.

He was also director of Student Health Services

With Dr. Lagen's retirement, Mr. Derzon has announced that Robert H. Christmas, Assistant Administrator for Hospitals and Clinics, has been appointed Acting Director of Ambulatory Care Services.

He will assume all of the duties and responsibilities of Dr. Lagen and will remain Acting Director pending results and recommendations for new directions in Ambulatory Care and organization, now under active study by Dr. David Werdegar.

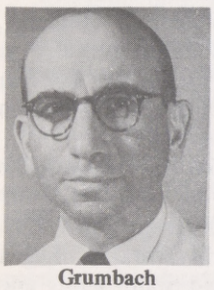
In his new capacity, Bob Christmas will oversee the daily operations of the Clinics, Student Health Service, and Emergency Service, and will be, as part of Mr. Derzon's staff, primarily responsible for preparing the new Clinics Building for occupancy in the Fall of 1972.

Bob Christmas joined the UCSF administrative staff in July of 1970. He is a native of Chicago and holds his B.A. and M.A. degrees in business and hospital administration from the University of Chicago.

LA MAESTRA!

For Maestro Seiji Ozawa, San Francisco Symphony Orchestra Conductor, the most beautiful music heard during the Christmas holidays was the cry of his first child, born at 12:32 a.m., December 29, in Herbert C. Moffitt Hospital.

Named Seira (combining the names of her parents, Seiji and Vera), she weighed a healthy nine pounds at birth; she is shown here on her first day at home with her happy parents.



Grumbach

Dunphy

DR. DUNPHY CHAIRMAN OF ACS

The Board of Regents of the American College of Surgeons has elected J. Englebert Dunphy, M.D., as its chairman. The Board is the policy-making body of the nationwide medical society.

Dr. Dunphy is professor and chairman of the Department of Surgery at UCSF.

He is a member of many professional societies including an honorary membership in the Royal College of Surgeons and the Association of Surgeons of Great Britain and Ireland.

BORDEN AWARD TO DR. GRUMBACH

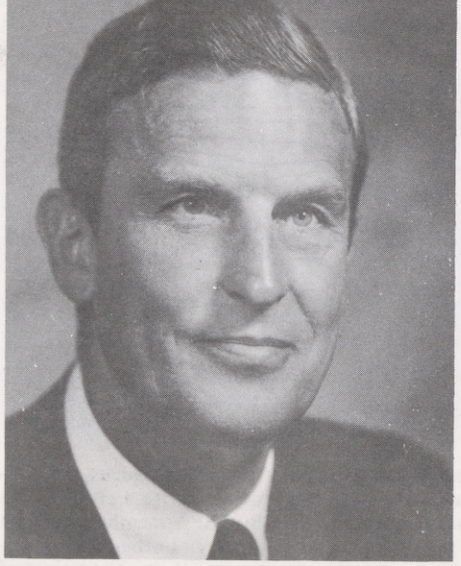
The prestigious 1971 Borden Award was given to Melvin M. Grumbach, M.D., Professor of Pediatrics, in recognition of his studies of human growth and development at UCSF.

Dr. Grumbach, chairman of the Department of Pediatrics, was active early in the period when growth hormone became available for study in man, and at that time made a number of significant observations on its effects in infants and children.

Dr. Grumbach and his group, which includes Dr. Selna Kaplan, were subsequently responsible for the success in treating children with abnormal growth patterns.

The Borden Award is given annually by the American Academy of Pediatrics, of which there are some 13,000 members.

Dr. Grumbach is the first UCSF pediatrician to be so honored with the association's senior award for research, which consisted of a gold medal and $1,000.



Benson B. Roe, M.D.

CHANCELLOR LEE ON CARNEGIE CORP. BOARD

Carnegie Corporation of New York announced recently the election of three new members to its Board of Trustees: Dr. Philip R. Lee, Chancellor of the University of California, San Francisco; Mr. Howard D. Samuel, vice president of the Amalgamated Clothing Workers of America, AFL-CIO; and Miss Marta Y. Valle, director for continuing education at Columbia University School of Social Work.

Prior to assuming the position of Chancellor of the University of California, San Francisco, in March, 1969, Dr. Lee was assistant secretary for health and scientific affairs in the Department of Health, Education and Welfare from 1965 to 1969.

Dr. Lee is a member of the Board of Directors of the Mayo Foundation; the Institute of Medicine of the National Academy of Sciences; the Board of Directors, National Medical Fellowships, Inc.; the Board of Directors, Sun Valley Forum on National Health; the Board of Directors, San Francisco Planning and Urban Renewal Association; and a member of the National Advisory Committee on Health of the American Hospital Association.

Dr. Lee is a fellow of the American College of Physicians and a member of the American Medical Association, the California Medical Association, the San Francisco Medical Society, the American Public Health Association, the American Federation of Clinical Research, and Alpha Omega Alpha.

DR. ROE ELECTED

Benson B. Roe, M.D., Chief of Cardiothoracic Surgery, has been elected president of the Society of Thoracic Surgery at its annual meeting in San Francisco.

This organization counts over 900 members in the United States and Canada plus a broad international representation, all of whom devote full time to the specialty.

Dr. Roe, also Professor of Surgery, is a pioneer in cardiac surgery, having performed the first open heart procedure on the Pacific Coast. He also developed one of the first prosthetic heart valves.

Dr. Roe has been a member of the UCSF faculty since 1951. He received his A.B. degree in 1939 from Berkeley and his M.D. from Harvard in 1943.

BULLETIN BRIEFS

Dr. Lucas

Henry Lucas, Jr., D.D.S., has been appointed to serve as one of 16 members of the Council of the Health Services and Mental Health Administration, by the Secretary of HEW. Dr. Lucas is a member of the UCSF School of Dentistry faculty. He is a member of the National Black Economic Advisory Council of the U.S. Small Business Administration and is on the staffs of Mt. Zion and Franklin Hospitals in San Francisco.

★ ★ ★

John R. Gamble, M.D., Assistant Clinical Professor of Medicine, is the director of the American College of Physicians' scientific-educational meeting for specialists in internal medicine in Northern California and Nevada, to be held in Palo Alto February 25-26. Dr. Gamble is also ACP Governor for Northern California and Nevada.

★ ★ ★

Julius H. Comroe, Jr., M.D., Director of CVRI, received the Ralph M. Waters Award in Anesthesiology at the Midwest Anesthesiology Conference in Chicago recently.

★ ★ ★

Ernest Jawetz, M.D., Professor and Chairman of the Department of Microbiology, has been appointed to the International Editorial Board of *Exerpta Medica Foundation,* Amsterdam, the Netherlands.

★ ★ ★

Bradley R. Straatsma, M.D., Department of Ophthalmology, gave the 26th Annual Proctor Lecture, "Degenerative Peripheral Retinoschisis," at a recent postgraduate course on "Recent Advances in Ophthalmology," here.

★ ★ ★

Robert J. Deitz, M.D., Clinical Instructor in Medicine, was among more than 200 physicians in the United States and Canada admitted as members of the American College of Physicians (ACP), according to Hugh R. Butt, M.D., President, ACP.

GALLARDO NEW MANAGER OF AUXILIARY/SERVICE ENTERPRISES

Fred Gallardo

Fred Gallardo has joined the UCSF campus as Manager of Auxiliary and Service Enterprises. In his new position Mr. Gallardo will manage Central Reproduction, the Central Garage and Parking, Mailing Division, Mail Cashier, Residence Halls and Married Student Housing, Telephone (Communications Office) and the Research and Development Laboratories.

Before joining UCSF, Mr. Gallardo was Assistant Business Manager at UCLA and head of the Communications Office there for six years. Previously, he was a systems analyst for North American Aviation on the Apollo Moon Project.

Fred is a native of Chicago. He attended the University of Illinois there before serving in the Marines for four years. Following the service, he returned to school at Long Beach State and UCLA. He and his wife, Nita, and their three children (Patty, 13; David, 10; and Greg, 9) reside in Daly City.

Martin Apple, Ph.D., Research Biochemist in the Cancer Research Institute, was guest speaker recently at the Meadow Club in Fairfax for the annual meeting of the Marin General Hospital Volunteers. Dr. Apple spoke about the importance of research in medicine; his participation was through the Committee for Faculty-Community Involvement's speakers bureau.

★ ★ ★

Health Instruction for Employees and patients, wanting to know more about diabetes or emphysema, chronic bronchitis or asthma, is being offered in the Outpatient Clinics. The series of instructions is held during the noon hour and is free of charge. For complete schedules, call Dorothy Rinehard, extension 1902.

SIX FROM UCSF GET HEART GRANTS

Fellowships of $136,000 have been awarded to 15 medical investigators at laboratories in the Bay Area to conduct research on heart disease. Six of those investigators are at UCSF.

They are Yasushi Asano, M.D., Gunnar Nicholaysen, M.D., Kari Teramo, M.D., Paul Louis Toubas, M.D., and Gerard C. van den Bos, M.D., all of the Cardiovascular Research Institute; and Hillel H. Hallkin, M.D., School of Medicine.

The stipends for all 15 fellowships ranged from $7,500 to $10,500. An estimated additional $264,000 will be awarded at a March 16 meeting of the Bay Area Heart Research Committee to be allocated before the research year begins July 1, 1972.

STATE TAX NIBBLE STARTS

To comply with the new California income tax law, the University of California began withholding from all wages paid on or after January 1, 1972.

The law providing for withholding of State income tax, effective in 1972, was passed by State Legislature in December.

Because payment of December earnings is made in January, it is considered as 1972 income for tax purposes. This is the same procedure followed for Federal income tax withholding.

The amount of deduction from your pay is determined by the number of dependents you have declared on your Federal withholding certificate (W-4).

In 1972 you will owe the state the income tax due on your 1971 income. The State Legislature has allowed for a 20 percent reduction in the tax you would normally owe for 1971. This one-time reduction is being made to compensate taxpayers for the inconvenience of paying 1971 tax while also paying installments on 1972 tax liability through payroll deductions.

If you have any questions, or you need to change the number of exemptions you now claim, please contact the Accounting Office.

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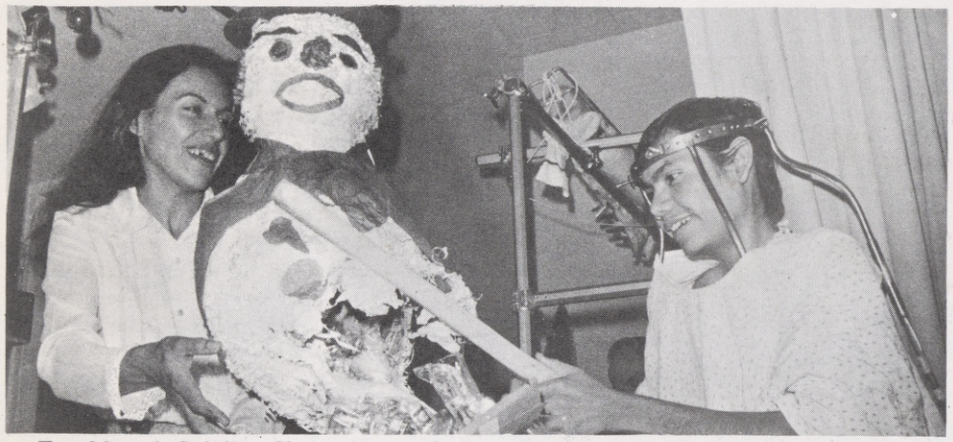
FOR MIGUEL, IT WOULDN'T HAVE OTHERWISE BEEN CHRISTMAS

By Barbara Evans



For Miguel Cubillo, Christmas would not have been Christmas without a piñata.

Thanks to the efforts of UCSF's Publications Office, Miguel was able to keep the Mexican tradition after all. The Publications staff members – John Haralson, Mike Douglas, and Bob Stelson, encouraged by their Mexican-American secretary Mrs. Jessie Russ – wanted to make Christmas a special occasion for Miguel, who has been an orthopaedic surgery patient at UC Hospital since last August. Just before Christmas, they staged a party in his hospital room, presenting him with a large, showman-shaped piñata. With great enthusiasm, Miguel swung at the showman until its store of gifts and candy came tumbling out for all to enjoy.

Such physical activity would have been nearly impossible for Miguel six months ago when he first came to UCSF. Having had tuberculosis of the spine since age nine, Miguel became paralyzed from the waist down about a year ago at age 19. He first sought help at a clinic in his home town of Tijuana but soon was referred to a clinic in San Diego. With the help of Project Concern, he eventually came to UCSF.

Here, Miguel received a relatively new kind of treatment, used for the first time at UCSF in his case. Under the direction of Dr. William R. Murray, Vice Chairman and Associate Professor of Orthopaedic Surgery, and Dr. Taylor Smith, Chief of Orthopaedic Surgery at Highland Hospital, Oakland, Miguel underwent a series of three operations: first, the doctors put Miguel in a cage-like device to correct and stabilize his spine; second, the pressure was taken off his spinal cord to relieve paralysis; and third, his spine was fused in the correct position.

As a result of this procedure, Miguel is making good progress, according to orthopaedics resident Dr. James Conaty. The patient is walking again – although he continues to wear the stabilizing device that gives him the look of a man from outer space!

Such a long stay in the hospital would be difficult for any patient, but Miguel encountered some spécial problems. A native of Mexico, he spoke only Spanish, and he had no family or friends in San Francisco.

Happily for Miguel, Jessie Russ heard about his lonely sojourn in the hsopital through the Office of Volunteers. She began visiting him often, helping to provide companionship and to interpret some of his needs to the hospital staff. Jessie also saw that Miguel could use some spending money. From friends around campus, she gathered more than $25, and contributions are still coming in.

Before long, it was Christmas time, and Jessie and her co-workers in Publications thought Miguel might enjoy something of a traditional Mexican celebration. And that's how Miguel Cubillo came to have a real Christmas with a real piñata!